

**PAMPERED SPIRIT- A Touch That Heals**  
**Patty Guzman BMC, EHT and LMT**

**CLIENT INTAKE LONG FORM**  
(CONFIDENTIAL-FOR PRACTITIONER'S USE ONLY)

Name \_\_\_\_\_ Email \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Date of Birth \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Occupation \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

Status: M S W D Spouse or Significant Other's Name \_\_\_\_\_

# of Children \_\_\_\_ # of Step Children \_\_\_\_ Names in birth order: \_\_\_\_\_

Reason for Visit (add details on back if necessary) \_\_\_\_\_

Date of Onset \_\_\_\_\_

Physician/Therapist (name & phone) \_\_\_\_\_

Other Professionals \_\_\_\_\_

Current Medications \_\_\_\_\_

Current Complementary Therapies/Supplements \_\_\_\_\_

Eating Habits/Diet \_\_\_\_\_

Allergies \_\_\_\_\_

Amount Daily Intake: Water (oz) \_\_\_\_ Caffeine \_\_\_\_ Alcohol \_\_\_\_ Cigarette/Tobacco \_\_\_\_

Exercise routine, be specific \_\_\_\_\_

Vision: Wear contacts/glasses \_\_\_\_\_ Smell \_\_\_\_\_ Hearing \_\_\_\_\_ Taste \_\_\_\_\_

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Please CIRCLE the following areas of disease or symptoms. We will go through and discuss.

- |                          |                       |                    |                              |
|--------------------------|-----------------------|--------------------|------------------------------|
| Depression               | Epilepsy              | Bronchitis         | Sexually Trans. Disease      |
| Eating disorder          | Dizziness             | Pneumonia/Pleurisy | Endometriosis                |
| Mood swings              | Insomnia              | Tuberculosis       | Pregnancies (# & if current) |
| Substance abuse          | Migraines             |                    | Miscarriages (#) ____        |
|                          | Headaches (recurrent) |                    | Abortion # ____              |
| Allergies                | Rheumatism            | Diarrhea (chronic) |                              |
| Cancer (type) _____      | Back Pain             | Gastritis          |                              |
| Fatigue                  | Carpal Tunnel         | Hepatitis          | Chicken Pox                  |
| Fever (chronic)          | Gout                  | Hypoglycemia       | Measles                      |
| Fibromyalgia             | Skin Disorder (type)  | Jaundice           | German Measles               |
| Fungal Infections (type) |                       | Liver Disorder     | Mumps                        |
| Herpes (type)            | Earaches (chronic)    | Ulcers             | Whooping Cough               |
| Lymes Disease            | Jaw Pain              | Flatulence         | Rheumatic Fever              |
| Mononucleosis            | Teeth                 | Pancreatitis       | Scarlet Fever                |
| Endocrine                | Cardio-Vascular       | Urinary            |                              |
| Adrenal Insufficiency    | Angina                | Bladder Infection  |                              |
| Pituitary Dysfunction    | Heart Attack          | Kidney Stones      | Other _____                  |
| Hyperthyroid             | Heart Failure         | Prostate Disease   |                              |
| Hypothyroid              | Hypertension/stroke   | Incontinence       |                              |

List any noteworthy injuries/accidents you have experienced. \_\_\_\_\_

\_\_\_\_\_

List any surgeries you have had (or future plans for surgery). \_\_\_\_\_

\_\_\_\_\_

List any traumatic or life threatening events that occurred in your life and when they happened.  
(IE: Separation, divorce, deaths, depression, post-traumatic stress, or other significant event(s))

\_\_\_\_\_

\_\_\_\_\_

List any work place incidents or people that influence your health. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please indicate any mental stress, signs or symptoms that you are experiencing and the reason if known. \_\_\_\_\_

\_\_\_\_\_

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Have you been under any treatment for these conditions? Please explain.

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Indicate any events, situations or feelings that influence your emotional health.

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Indicate any spiritual issues, beliefs or religious images that influence your health.

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In general, is there anything else you want to share, or want me to know?

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What is your connection with spirituality/religion? IE: religious background, soul development, current practices. \_\_\_\_\_

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Brothers/sisters in order of birth:

Oldest \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_ Etc. \_\_\_\_\_

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Relationship with mother as a child \_\_\_\_\_

Present relationship \_\_\_\_\_

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Relationship with Father as a child \_\_\_\_\_

Present relationship \_\_\_\_\_

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