

PAMPERED SPIRIT- A Touch That Heals

Patty Guzman BMC, EHT and LMT

WELCOME

Welcome new client!

I am delighted that you have chosen energy healing and body/mind counseling for your therapeutic needs. I will use energy healing and body/mind/counseling to help improve you physically, mentally, emotionally and spiritually by supporting the body's own natural healing mechanisms; leading to well-being, peace and calmness. Regardless of where you are in the spectrum of health and well-being, know that I will work with you toward your healing goals.

You can expect your first session to be approximately 2 hrs in length. In preparation please print and have already filled out all forms required so that we may take the better part of your first session reviewing together. It allows me to become familiar with where you are physically, mentally, emotionally and/or spiritually. This will insure you get the most out of the following sessions all well.

My approach to healing and personal transformation is holistic, focusing on you as a unique, complex, dynamic being of body, mind and spirit. I offer to serve as a facilitator in your self-initiated process of healing and transformation. I am here as your committed listener, your mirror, your partner in the process. In the course of our work together, we will explore areas that influence your state of well being. We may address your health history, life stressors, belief systems and attitudes, your family and childhood history, diet, exercise, dreams, longings and how you are in relationships. Your sharing is always kept confidential.

While I may lay my hands on you, and work with your energy field, I do not medically diagnose or prescribe treatment. If you have a physical injury or disease, I ask that you also be in the care of a licensed medical professional. I do not advise you to discontinue any medical treatment you may be receiving. My work is intended to be complimentary to other healing work that you undertake, including traditional medicine and psychotherapy. Please feel free to discuss our work with your physician, psychotherapist or others on your care team.

The first session includes dialog, going over the intake form and then table work and can be up to 2 hrs in length. This is to enable us to get acquainted and to allow me enough time to align your energy field and to explore your belief systems.

Session: \$225

Subsequent sessions include evaluation of specific issues and energy field; dialog followed by energy healing.

Session: \$95

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In signing the acknowledgment below, you agree that I may work with you in the above described manner. I am most happy to answer any questions regarding my services and I also encourage you to express any concerns you may have. Feel free to call or email me.

Warmly,

Patty Guzman,

Certified Body Mind Counselor
Certified Energy Healing Therapist
Licensed Massage Therapist

ACKNOWLEDGMENT

I have read and understand the information provided by Patty Guzman. I further understand that her services are not to be construed as a medical examination, diagnoses, or a substitute for medical treatment and that nothing said or done during the course of the session or sessions given should be construed as such.

Signed _____

Dated _____

I have signed as guardian, caregiver, and legal representative for _____, who is a minor.

Pampered Spirit
Patty Guzman
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